

REPORT TO : Health Scrutiny Committee

Author:	Cllr R Shori, Executive Member, Adult Care, Health and Housing
Date:	Tuesday, 22 October 2013
Title:	Mental Health Action Plan 2013 – 2018
Summary:	<p>To seek approval for the draft Mental Health Action Plan.</p> <p>The Action Plan has been developed to implement the aims of the Bury Mental Health Strategy 2013 – 2018.</p> <p>The Action Plan is owned jointly by the local authority and NHS Bury Clinical Commissioning Group.</p>
Equality / Diversity implications:	The Action Plan aims to take specific steps to improve mental health services and support for all residents in Bury, with a particular focus on those at a greater risk of having a mental health condition and those at higher risk of not having their condition detected, including those with protected equality characteristics.

1.0 BACKGROUND

- 1.1 The Government published the national mental health strategy “No Health Without Mental Health” in February 2011.
- 1.2 Health Scrutiny Committee will recall that, in response to this, the Council and NHS Bury Clinical Commissioning Group developed the joint Bury Mental Health Strategy 2013 - 2018.
- 1.3 The Strategy is structured around six main aims (which were taken directly from the national strategy) : -
 - (i) More people will have good mental health - this is about prevention and ensuring people can reach their full potential throughout all stages of life.
 - (ii) More people with mental health problems will recover - the focus is on ensuring people recover well and effectively their manage condition. This includes a focus on early intervention and taking a broader view of the factors that affect mental health, such as housing and social networks.
 - (iii) More people with mental health problems will have good physical health - this is about improving the physical health of people with mental health problems and vice versa.
 - (iv) More people will have a positive experience of care and support - the focus is on providing good quality services which give individuals as much control as possible over their own care.
 - (v) Fewer people will suffer avoidable harm - the focus is on reducing self-harm, reducing harm mental health patients cause to others, and reducing avoidable

harm.

- (vi) Fewer people will experience stigma and discrimination - this is about tackling the stigma and discrimination which can have a serious impact on the life chances of people with mental health problems.

1.4 The Bury Mental Health Strategy was approved by Health Scrutiny Committee in March 2013 and Cabinet in April 2013.

1.5 A joint Action Plan has now been developed to underpin the delivery of the action plan.

2.0 PROCESS

2.1 The Action Plan was developed in two stages. An event was held with key stakeholders to identify key themes.

2.2 Following this, meetings or other contact was made with organisations from across the public and voluntary sectors to develop the key themes into actions: -

- (i) Partners: Greater Manchester Police Bury Division, Bury College, Greater Manchester Probation Trust Bury Division, Job Centre Plus, Greater Manchester Fire and Rescue.
- (ii) Providers: Pennine Care Foundation Trust
- (iii) Internal Council teams: Sports and leisure, Parks and Countryside, Children's Services, Libraries and Adult Learning, Communities Section, Public Health, Strategic Housing, Drug and Alcohol Action Team, Employment Support and Training, Choices, Community Mental Health Team (working age adults), Older People's Mental Health Team (adults 65 plus).
- (iv) Voluntary sector and others: BCIL, B3SDA, Samaritans Bury Branch, Bury Involvement Group (BIG); Creative Living Centre, Rethink Bury Carers' Group, Rochdale and District MIND, Jewish Federation, Streetwise, ADAB (Asian Development Association), Richmond Fellowship and Bury Asian Women's Centre.

3.0 CONTENT

3.1 The Action Plan covers working age and older adults in relation to:

- (i) Preventative services;
- (ii) Services for individuals with mild to moderate conditions; and
- (iii) Services for those with severe and enduring conditions.

3.2 Each action has a named lead officer, responsible organisation and timescale (either short, medium or long term to be achieved over 1, 3 and 5 years respectively).

3.3 It should be noted that the Action Plan will be delivered within existing resources and, given the current financial climate; this has made it more challenging for organisations / teams to be able to contribute particularly in the voluntary and third sectors.

3.4 However, it should also be highlighted that many of the actions in the Plan can be achieved using officer time rather than financial expenditure.

3.5 This is a five year Action Plan (2013- 2018). It is anticipated that during this time it will be

regularly refreshed and organisations will be able to add to it.

4.0 FUTURE CHALLENGES

- 4.1 A focus of work for Bury Council and Bury CCG is to improve the understanding of the performance of the mental health services we commission and the value for money they provide. This will provide the basis for future work as it will demonstrate how effective current mental health services are and provide the evidence base for change or maintaining the status quo.
- 4.2 Over time, the regular reporting of performance and outcomes indicators will provide a robust evidence base upon which to make more informed commissioning decisions.
- 4.3 In order to support the above, an exercise has already been undertaken to map the mental health services and support currently available in Bury (it demonstrates the interdependencies between services and how customers / patients move through services). This will provide a structure on which to develop the performance reporting framework, which in turn, will develop our understanding of the effectiveness of the current service structure.

5.0 NEXT STEPS

- 5.1 A joint Mental Health Steering Group will take ownership of the Mental Health Strategy and the implementation of the supporting Action Plan.
- 5.2 The role and membership of the Steering Group is currently being developed. It will be jointly led by the Council and NHS Bury CCG.

6.0 DECISIONS

- 6.1 Health Scrutiny Committee is recommended to approve the draft Joint Mental Health Action Plan 2013- 2018.